

PE and Games Age End Points - Year 6

Dance	Gymnastics	Athletics	Invasion				
			Football	Tag Rugby	Basketball	Netball	Hockey
<ul style="list-style-type: none"> + link more complicated motifs + create & adapt choreography to suit a theme + use lyric & beat to inform choreography + consistently perform with precision & accuracy 	<ul style="list-style-type: none"> + support body weight of peers (partially/fully) + perform gymnastics skills before, on and after apparatus to form a sequence + adapt sequence to involve partner/apparatus + ensure transitions between movements are smooth and sequence flows 	<ul style="list-style-type: none"> + perform a strong sprint start + officiate a range of athletics accurately + use arms in flight to extend jumps + incorporate a short run up to throw 	<ul style="list-style-type: none"> + gain control of ball using variety of body parts + beat a defender to form an attack + maintain a set position/role in game scenarios + dispossess an attacker and help turn defence into attack 	<ul style="list-style-type: none"> + pass to a moving runner accurately & quickly + run strong support lines on shoulder of ball carrier + participate effectively in games + defend alone & with peers 	<ul style="list-style-type: none"> + demonstrate triple threat position (pass/shoot/dribble) + select successful option to outwit opponent from triple threat + dispossess an attacker legally + begins to use lay-up shot 	<ul style="list-style-type: none"> + jump stop and choose pivot leg + use split step to invade closer to net before shooting + mark while always having view of player and ball + keep to own personal boundaries 	<ul style="list-style-type: none"> + choose best options to outwit a defender + adapt various roles in a short corner + defend a short corner successfully + use reverse stick sweep effectively in games
			<ul style="list-style-type: none"> + create and apply simple defensive plays/routines to a game (from a free kick / thrown in, etc.) + create and apply simple attacking plays/routines to a game (from side-line pass/centre, etc.) 				
Striking & Fielding		Net / Wall		Outdoor & Adventurous Activities		Assessment	Coaching / Leadership
Cricket	Rounders	Tennis	Badminton	<ul style="list-style-type: none"> + successfully carry out a set role within a group contributing to the overall group success + identify key tasks that need to be completed as part of a wider challenge + evaluate group performance during a challenge suggesting possible strengths / weaknesses + find appoint of reference on a map + use a map to create, plot and complete and orienteering course 		<ul style="list-style-type: none"> + apply learning from other PE curriculum areas to enhance weaknesses + explain/model god techniques to help others improve 	<ul style="list-style-type: none"> + lead a practice task lesson with clear out come goals + use STEP to adapt a task to suit the needs of a performer
<ul style="list-style-type: none"> + place shots to particular target zones + bowl to a full length consistently 	<ul style="list-style-type: none"> + direct a shot towards space + hit to outside diamond + use a variety of bowls to outwit batter 	<ul style="list-style-type: none"> + serve overarm with speed + volley on both forehand / backhand sides + smash high ball before bounce 	<ul style="list-style-type: none"> + use both flick & underarm serve to space + hit consistent overhead clears + smash a high shuttle 				
<ul style="list-style-type: none"> + score runs/rounders for sustained periods + make good fielding choices to deny scoring + umpire games confidently 		<ul style="list-style-type: none"> + maintain a rally for 5 shots minimum + umpire matches confidently + apply simple tactics to a game 					

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