

ACTIVITY 3



Feeling 'Super' good!
DO SOMETHING YOU
ENJOY



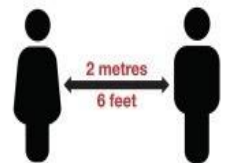
Do something you enjoy...

- a favourite hobby, or spending time with your siblings
- bake a cake
- spending time in nature, go for a walk with the people you live with
- GET ACTIVE by going for a bike ride, or making up a fitness challenge at home
- arts and crafts ... draw a picture of your favourite superhero



PLEASE REMEMBER

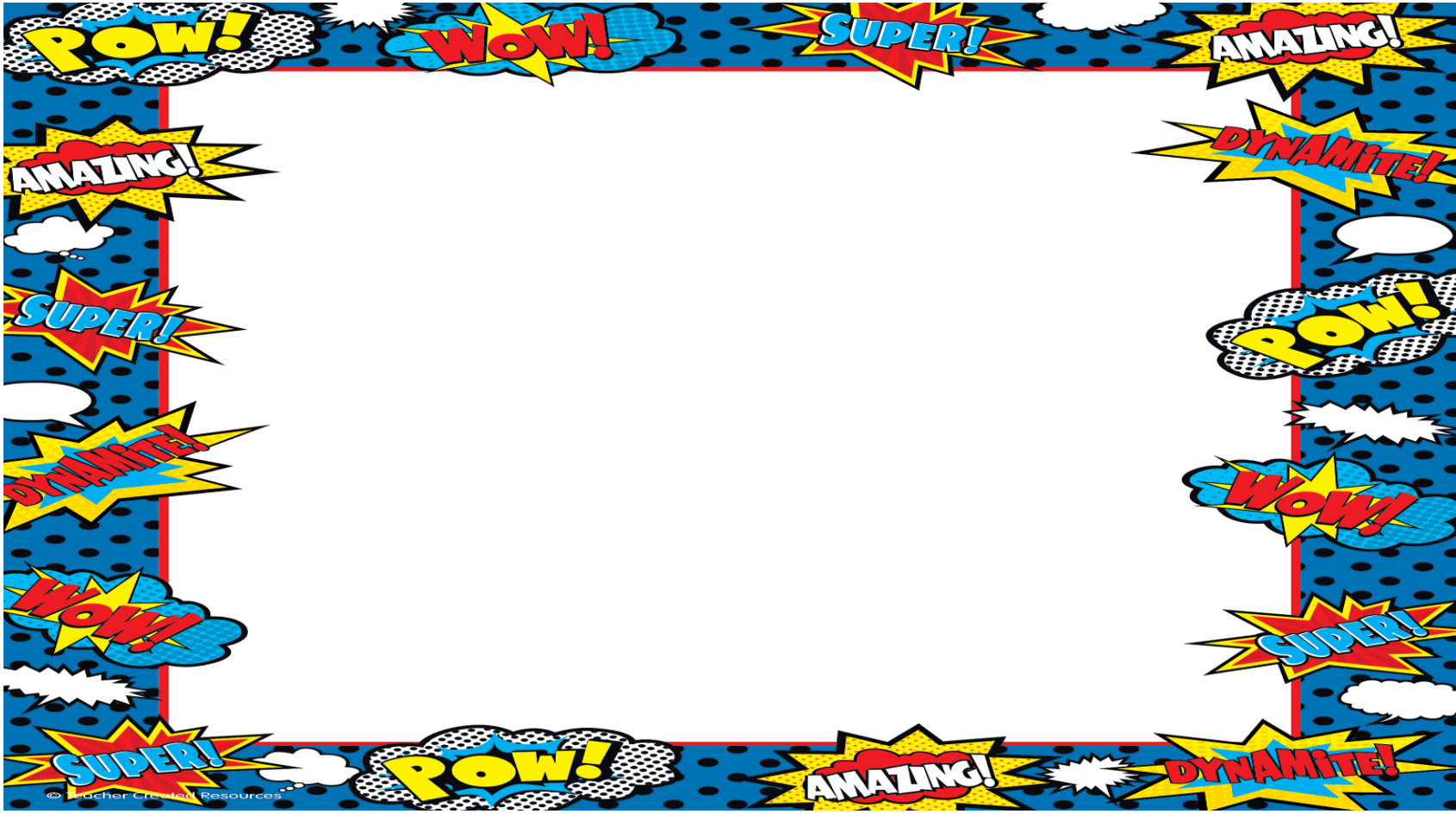
Outside of your



Stay at least 2 metres (6 feet) away from other people

Feeling 'Super' good! DO SOMETHING YOU ENJOY

Draw a poster of some of the things that make you feel **SUPER** good...



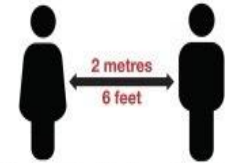
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Feeling 'Super' good! DO SOMETHING YOU ENJOY

PLEASE REMEMBER

Outside of your household:



Stay at least 2 metres (6 feet) away from other people

SUPER challenge ... choose something you enjoy and challenge yourself!

How many keepy uppys can you do?
Watch this video for some **SUPER** tips



https://www.google.com/search?q=keepy+upps+tutorial+for+chilfren&rlz=1C1GCEB_enGB868GB868&oq=keepy+upps+tutorial+for+chilfren&aqs=chrome..69i57.13049j0j8&sourceid=chrome&ie=UTF-8#kpvalbx=_iGuEXrfsDJGDhbIPpgay6Ac28

SPORTS
SUPER
CHALLENGE

READING
SUPER
CHALLENGE

☆☆☆ — ☆☆☆

Reading Challenge

Non-Fiction		Fiction	
<input type="checkbox"/> Biography	<input type="checkbox"/>	<input type="checkbox"/> Science Fiction	<input type="checkbox"/>
<input type="checkbox"/> Animal Book	<input type="checkbox"/>	<input type="checkbox"/> Realistic Fiction	<input type="checkbox"/>
<input type="checkbox"/> Science Book	<input type="checkbox"/>	<input type="checkbox"/> Fantasy	<input type="checkbox"/>
<input type="checkbox"/> Historical	<input type="checkbox"/>	<input type="checkbox"/> Holiday Book	<input type="checkbox"/>

Chapter Books

Books from the same series

Books within your level

Books above your level

<input type="checkbox"/> Realistic Fiction	<input type="checkbox"/> Biography
<input type="checkbox"/> Historical Fiction	<input type="checkbox"/> Non-Fiction
<input type="checkbox"/> Animal Fiction	<input type="checkbox"/> Mystery
<input type="checkbox"/> Science Fiction	<input type="checkbox"/> Fantasy
<input type="checkbox"/> Teacher's Choice!	

☆☆☆ — ☆☆☆

Are you a **SUPER** reader?
See how many of these challenges you can complete!

Who can make the best **SUPERHERO** mask?
Watch this video for some ideas

<https://www.youtube.com/watch?v=0yiTqrCTI6k>

ART
SUPER
CHALLENGE

BAKING
SUPER
CHALLENGE

Who is a **SUPER** baker?
Here is a fun recipe for some Captain America cup cakes

<https://www.happinessishomemade.net/easy-captain-america-cupcakes/#wprm-recipe-container-23443>

