

Week commencing 22nd June - Reception

Sport

This week's learning is based on the topic of Sport. Have fun learning about different sports and games. We would love to see pictures of you completing one of the activities from the project section this week. Choose one activity and send us an email at earlyyears@cedarsprimary.org.uk. We can't wait to see what you have been up to!

Maths Tasks

- Numbots - play numbots for 10 minutes each day (please email earlyyears@cedarsprimary.org.uk if you are having problems accessing)
- Complete some of the suggested activities on the White Rose Maths website. These are based on a book and can be completed without reading it. The book is often available on you tube. **Please complete Summer Term Week 7 The Princess and The Wizard** - shorturl.at/bz057
- Encourage your child to jump, hop or skip. Give them directions as they do this e.g. jump forwards 5. Remind your child to count at the same time they are moving. Can they count accurately and jump accurately up to 10? How about 20?
- Play positional language Hide and Seek- Choose a selection of item and hide them. Ask your child to count out loud while you're doing this. Give them clues about the positions of the objects, e.g. *it's under the chair*. Use the language on top of, behind, under, between and next to.

Reading Tasks

- Visit Oxford Owl for free RWI eBooks that link to your child's RWI book (red or green). You can create a free account. Answer questions about the book.
- Develop listening skills by encouraging your child to listen to the BBC School Radio episode about sports. shorturl.at/ady03 Can they listen carefully and name the sports?
- Read the story *Maisy's sports day* shorturl.at/rsIJU (this is the book but without someone reading so an adult will need to read the story on the video) Have a go at answering the questions:
 - Which race was first?
 - Can you name 3 races that happened?
 - What healthy snack did they eat?
 - Did the red team or blue team win?
 - What would you say to the winning team?
 - Did you enjoy the story? What did you like or didn't like about the story?

Phonics Tasks

- Watch a phonics lesson each day on you tube - follow the information in this link. Children can watch set 1 or set 2 and can also complete the spelling and word time activities if you would like to. shorturl.at/lswKQ
- Play some games on phonics play. Choose phase 2 when selecting games. Which one is your favourite? shorturl.at/dsPQ3
- Can your child think of rhyming words? Take it in turns to say a rhyming word i.e. cat, mat, bat, sat. How about rhyming alien words? These are words that aren't real such as tep, flep, kep and nep.

Writing Tasks

- Ask your child to draw a picture of themselves doing something sporty. i.e. running, jumping, a cartwheel. Can they label the picture or write a simple sentence e.g. I can hop. I can skip.
- Provide your child with some simple words linked to sport e.g. **ran**. Say the word in sounds e.g. **r-a-n**. Ask your child to repeat the sounds and then write the sounds. Use words such as run, ran, skip, hop, jump and kick.
- How many green or red words can you write in 30 seconds? What about a minute? Can you beat your time?

Learning Project (to be completed throughout the week)

The project this week aims to provide opportunities for your child to learn more about sports and games. Learning may focus on the names of different sports, different ways to move your body and trying out different active games. Have fun!

Ball Games

- Play a game of catch with a ball - when you drop the ball, you lose a point. You could record points using a tally chart and count up who has the most points at the end.
- **Challenge:** See if you can catch the ball standing further apart, catch with one hand or use a smaller ball. What changes can you make to the game to make it harder? Can you explain the rules to someone clearly?

Play Skittles

- If you have a set of skittles, you're ready to go but if not you can make your own skittles using plastic bottles. Take a plastic bottle (any size or shape) and partly fill it with soil/ stones, sand or water to weigh it down. If you don't have plastic bottles available you could use tin cans for an alternative version. Ask your child to count how many skittles there are to begin with. Roll the ball at the skittles and ask your child to count how many they have knocked over. Can they work out how many are left?
- **Challenge:** You could write this out as a subtraction number sentence e.g. if you start with 5 skittles and knock over 2 your child would write $5 - 2$. Ask them to count how many are left to find the answer $5 - 2 = 3$



Competition Time

- Have a time challenge. Give your child an action to do e.g. hop, skip, jump, clap or star jump. how many can they do in one minute. Keep a record of the scores. Ask everyone in the house to have a go!

Sports day

- Have a look at some stories or videos about sports day such as The Large Family Sports Day, Peppa Pig sports day and cbeebies sports day (shorturl.at/hyRW4). Can you plan your own sports day? What races would you do? You could have your own egg and spoon race in the garden? Or create an inside sports day with games that are suitable for inside? Ask your family to join you on your sports day, you could even create a medal for the winner!



Parts of the Human Body

- Ask your child which parts of their body they use to run? To do a handstand? Draw the parts of the body and for a challenge ask them to label them using their phonics knowledge. You could get your child to around a doll on a piece of paper or draw around your child using chalk outside. Practise moving in different ways, hopping, skipping, running, starjumps and see which parts of the body are moving.

Create your own Junk Modelled Football Pitch

- Using a lid of a shoe box or similar container, help your child to cut out two holes on each end as the goals. If you have green card or paper, stick this in the base, if not you can colour in plain paper using a crayon. Draw out the marking on the pitch using crayons or felt tips. When finished, stand your football pitch on a box on the table. Using something ball-like (e.g. a sweet or a rolled up piece of paper or foil), take turns aiming at your partner's goal whilst the other tries to save the goal. If you score you get to eat the sweet (not the paper!!)

