

PE and Games End Points - Year 1

Dance	Gymnastics	Athletics	Team Games	
<ul style="list-style-type: none"> + can clap to a simple rhythm (varied actions) + can identify tempo in music and move appropriately + can copy a simple motif 	<ul style="list-style-type: none"> + can use their bodies to make number/letter shapes + can travel over / under obstacles + can link 2 movements / shapes together in a sequence 	<ul style="list-style-type: none"> + can jump forwards + can change speed from walk - run - walk + can throw forwards as far a possible 	<ul style="list-style-type: none"> + can stop a ball rolling + can catch balls of various sizes after some bouncing + can bounce and catch the same ball + can kick a football with dominant foot + can attempt to kick with non-dominant foot + can pass a large ball towards a target 	<ul style="list-style-type: none"> + can call for the ball + is aware of how to score points + can say the main job of a defender + can say the main job of an attacker + can stand in a space
Other Core skills		Outdoor and Adventurous Activities OAA		Assessment Coaching / Leadership
<ul style="list-style-type: none"> + can hit a ball off of a tee with a racket / bat + can stop a small ball that is moving + can run to a target zone avoiding obstacles + can throw a ball towards a target + knows basic rules of some games 		<ul style="list-style-type: none"> + can follow simple instructions to complete a task + can work with a partner + can share ideas and make them work 		<ul style="list-style-type: none"> + can repeat the details of a task + can peer assess with a partner against a single criteria