

Reading with your child

Sharing a book with a child is fun - it's a time for closeness, laughing and talking together. It can also give children a flying start in life and help them become lifelong readers.

But not everyone is confident with books and reading aloud, so we have produced some handy tips and advice to help you get the most out of reading together. And remember, there's no right or wrong way to do it - and it's never too early to start.

• Set aside some time

Find somewhere quiet without any distractions - turn off the TV/radio/computer.

• Ask your child to choose a book

Sharing books they have chosen shows you care what they think and that their opinion matters. This means they are more likely to engage with the book.

Point to the pictures

If there are illustrations, relate them to something your child knows. Ask them to describe the characters or situation or what will happen next. Encourage them to tell you the story by looking at the pictures.

Encourage your child to talk about the book

Talking about the characters and their dilemmas helps children understand relationships and is an excellent way for you to get to know each other or discuss difficult issues. Give your child plenty of time to respond. Ask them what will happen next, how a character might be feeling or how the book makes them feel. (See the 'Reading Vipers' Documents to help with this)

And lastly, above all - make it fun!

It doesn't matter how you read with a child, as long as you both enjoy the time together. Don't be afraid to use funny voices - children love this!