

Cedars Primary School **PE and Sports Premium Plan 2022-2023**

National Curriculum

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed a values-led education.

Aims

The national curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

Vision and Aim

As a staff at Cedars Primary School we want the children to see that PE and sport are at the heart of school life and that they can achieve anything if they take the opportunities offered to them.

We echo the aims and purpose as stated in the new National Curriculum. We believe physical education and sport is an essential part of every child's development. We endeavour to provide high quality physical education and sporting opportunities for every child, equipping them to lead healthy, active lifestyles as well as providing the children with the necessary skills of good sportsmanship, to strive for excellence and be resilient in defeat.

We aim to offer a balanced program and a variety of activities to provide all pupils with the opportunity to develop a broad spectrum of skills, the knowledge necessary to use those skills throughout their lives whilst enabling them to develop acceptable fitness levels. We want to raise the aspirations of every student regardless of ability, providing them with the determination and enthusiasm to pursue a healthy and active lifestyle in future years.

Funding Received

2022-2023 (£16000 + £10 x 224 KS1&2 pupils on roll = £18,240)

Total £18,240

Action Plan, Impact, Budget Tracking and Sustainability

Key indicator 1: The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school

Issue	Action	Impact	Funding Allocated	Sustainability
Further develop a whole school physical activity program – 30 minutes daily in addition to 2hrs PE	<p>(Children have an active first morning play (10 mins) Children have an active lunchtime (20 mins)</p> <p>Playground usage is timetabled and shared across all Key Stages</p> <p>MKSSP Get Active – baseline, review and plans</p>	<p>By July 2023: Children undertaking 30 mins of physical activity per day during school time</p> <ul style="list-style-type: none"> - majority of pupils in Reception and KS1 are active at morning play - more than half of pupils in KS2 are active at morning play - majority of pupils in Reception, KS1 and LKS2- are active for ½ hour at lunchtime 	£3500 equipment	<p>Equipment purchased and distributed Autumn 2022 and Summer 2023</p> <p>Zone playground for lunchtime activities</p> <p>Continue to develop culture of active play and lunchtimes through assembly 'check-ins'</p> <p>Invite children to share their active play and lunchtimes</p> <p>Build playground games into curriculum PE warm-ups</p>

Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement

Issue	Action	Impact	Funding Allocated	Sustainability
Develop children's engagement in active play at playtime and lunchtime	<p>MDS to facilitate small group games during lunchtimes</p> <p>Training for MDS including ideas and resources</p> <p>Play Crew identified and trained</p> <p>MKSSP Primary Leaders</p> <p>CPD – staff meeting / TA meeting</p>	<p>By July 2023: Majority of pupils involved in active play at lunchtime Informal observations Positive pupil voice</p> <ul style="list-style-type: none"> - Training for MDS - MKSSP Primary Leaders scheduled for Autumn 2023 	£1000 equipment	<p>Re-introduce Sports Crew to lead active UKS2 lunchtimes</p> <p>Purchase equipment to facilitate small group games</p> <p>Zone playground for lunchtime activities</p> <p>Budget for equipment replacement to ensure sustainability</p> <p>CPD for Middy Supervisors</p>
Increase participation rates for target group (KS2) (also see KI5)	<p>Offer sports and physical activity after school clubs</p> <p>Target particular chn to attend lunchtime activities</p>	<p>By July 2023: At least 60% of KS2 children have participated in a sports or physical activity club</p> <ul style="list-style-type: none"> - 43% KS2 participation 	MKSSP Package (£1950)	Plan sports and activity clubs around
Renew/replace planning and equipment for curriculum PE	<p>Audit equipment</p> <p>Check annual maintenance check information</p> <p>Purchase additional / replace existing equipment where necessary (particularly gym mats, table and horse tops and outside hoops and nets)</p>	<p>By July 2023: All PE units properly and sufficiently resourced</p> <ul style="list-style-type: none"> - New Gym benches purchased - New table-tops purchased - New mat storage trolley purchased 	£4000 (includes repairs £1000)	<p>Annual maintenance check completed. New basketball hoop, netball post and bench purchased. Mat storage trolley replaced.</p> <p>Purchase Outdoor Fitness, updated OAA and Rugby units + resources</p>

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

Issue	Action	Impact	Funding Allocated	Sustainability
Further raise the quality of teaching of PE through bespoke internal CPD	Increase confidence and knowledge of teaching staff Use Staff Audit (INSET October) to signpost staff requirements Support ECT Bespoke CPD offered to staff MKSSP CPD and PE Audit	By July 2023: Teachers confident in delivery planned, high quality PE (according to need) Majority of PE lessons observed to be strong - Bespoke CPD for teacher in KS1 - Informal support for selecting equipment and delivering units / lessons individual teachers	£3040.50 staff cost	Audit staff skills annually and adapt LTP accordingly Keep up to date with new developments in PE delivery and initiatives (Change4Life, DfE, AfPE, Youth Sports Trust) Continue CPD for existing and new teaching staff.
Further enhance quality of planning	Purchase units and other resources (not equipment) to further enhance planning / teachers delivery CPD in using planning effectively	By July 2023: Overwhelming majority of pupils meet expected levels of attainment Yr 1 – Yr 6 - KS1 units reviewed - Planning overview reviewed for KS2 Summer 2023 - Staff Meeting Summer 2023	£608.10	Continue to develop assessment protocols in PE Continue to identify areas for development within PE curriculum Audit staff skills and signpost to CPD opportunities accordingly
Continue to provide external CPD opportunities in PE	Increase confidence and knowledge of teaching staff Use Staff Audit to signpost staff to specific courses Offer in-house staff INSET where possible Access to MKSSP CPD signposted by PE Specialist	By July 2023: All teachers delivering PE curriculum from planned units Planning ensures breadth, balance and progression across year groups and key stages - CPD for all staff including bespoke ECT support	MKSSP Package (£1950)	Continue to enhance knowledge and provision via attendance of in-house and external CPD courses

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils

Issue	Action	Impact	Funding Allocated	Sustainability
Enhance the breadth and quality of extra-curricular provision	<p>Plan for a range of clubs across 3 terms Basketball Dodgeball Athletics All Kids Active</p> <p>Use external coaches alongside Cedars staff</p> <p>Promote clubs in assembly / newsletter / parentmail</p>	<p>By July 2023: Improve levels of pupil participation</p> <p>Pupils in KS1 and KS2 can access clubs at lunchtimes and after school</p> <ul style="list-style-type: none"> - Multi skills - Dodgeball - Basketball - Cricket - All Kids Active 	Sports Coach 36 x £30 = £1080	Continue to develop extra-curricular programme offered
Raise the % of children able to swim 25m	All chn in Year 6 to have the opportunity to have swimming lessons In Summer 2 only take those Year 6 chn identified as not being able to swim 25m	<p>By July 2023: 73% of Year 6 children are able to swim 25m</p> <p>All Year 6 chn have been assessed. 12 chn received extra sessions and of these 2 achieved 25m</p>	£600 6 weeks x £100 per week	Y3/4 to have swimming lessons 2022-2023

Key indicator 5: Increased participation in competitive sport

Issue	Action	Impact	Funding Allocated	Sustainability
Continue to improve intra school competition	<p>Co-ordinate and timetable 1 session per half term for small inter-class competition Register of participation to be kept Link to Personal Challenge</p> <p>Plan and apply School Games structure and/or rules</p>	<p>By July 2023: Majority of chn in KS1 and KS2 have participated in at least 1 intra school competition</p> <p>- 1 session per term completed</p> <p>School Games structure applied to Sports Day</p>	<p>£608.10</p> <p>£202.70</p>	<p>Develop regular Intra-Challenge afternoons for KS1, LKS2 and UKS2</p> <p>Maintain Whole school Sports Day format</p>
Continue to improve inter school competition (See K12)	<p>Build links with other schools to increase competition opportunities for all pupils Continue with existing schools and aim to link with local schools to minimize travel Link to Personal Challenge</p> <p>Identify and target specific groups (e.g. Yr 3/4 low attainers, Yr 6 girls, Pupil Premium etc.)</p> <p>Enter a selection of MKSSP run competitions and leagues 'Cedars Caps' to be recorded and displayed on achievement wall</p>	<p>By July 2023: Targeted pupils in KS1 and KS2 have had the opportunity to compete in at least one inter-school competition</p> <p>- Basketball competitions Autumn and Spring - Cricket competition Summer</p>	<p>MKSSP Package (£1950)</p>	<p>Arrange more local fixtures for pupils (particularly for KS1)</p> <p>Arrange more fixtures for targeted groups</p> <p>Continue to buy into MKSSP package for competitions and leagues</p> <p>Continue 'Cedars Caps' for children to keep track of participation</p>

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	73%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	33%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	80%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes Following a series of lesson, 7 children received extra lessons. 29% of this group 25m.